

Instrument Key

Chorus:

6 *Damaru Drums (*ossia: Small Frame Drums with hard mallets or wooden sticks*) m.413

3 *Kang-lin Tibetan Trumpets (*ossia: B^b Trumpets*) m. 414 (optional)

6 **Singing Bowls (*ossia: Metal Mixing Bowls with felt mallets*) m. 561

Flute or Clarinet: *Dung-Kar (Tibetan Conch Shell) (*ossia: other Conch Shell, pitched E-F, as possible*)

Perc. I:

B.D.
Triangle (L)
Sizzle Cymbal
Suspended Cymbal (M)
Snare Drum
Rute
Toms (H,M,L)
Temple Block (H)
Log Drum
Claves
Bell Tree
2 Small Gongs (H, M)
Assorted Small Metal
**2 Singing Bowls
(*ossia: Metal Mixing Bowls,
Water Glass*)
*Ngà Drum and Curved Stick
(*ossia: Large Frame Drum
with wooden stick*)
*Drilbu Bell (large)
(*ossia: Triangle - L*)

Perc. II:

Xylophone (share with III)
Glock
***Chimes
Triangle (H)
Claves
Tam-Tam (L)
Woodblocks (H, L)
Timbales (H, M, L)
**Singing Bowl
(*ossia: Metal Mixing Bowl, Water Glass*)
Bass Bow
*Rolmo Cymbals
(*ossia: 2 small Crash Cymbals*)
*2 Drilbu Bells
(*ossia: Triangles - M and L*)

**Singing Bowls pitched (as possible):
G^b, A^b, D^b

***Chimes pitches: (ascending order):
G^b, A^b, B^b, B[♯], D^b, D[♯]

Perc. III:

Vibes
Xylophone (share with II)
Woodblocks (H, M)
Small Gourd Rattle
Triangle (M)
Anvil
(*ossia: Brake Drum*)
Tambourine
2 Small Stones
(*ossia: Woodblock - H*)
Suspended Cymbal (H)
Crash Cymbals
Chinese Gong
(*ossia: Small Tam-tam*)
**Singing Bowl
(*ossia: Water Glass*)
Slapstick (or wood substitute)
Bass Bow
*Tingsha Bells (2 bells on a cord)
(*ossia: Small Bell with metal rod*)
*Dung Kar (Tibetan Conch Shell)
(*ossia: other Conch Shell,
pitched E-F, as possible*)

*Tibetan instruments can be rented from the composer, including 6 Damaru Drums (chorus m. 41) and 3 Kang-lin Tibetan trumpets (optional for chorus, m. 414).

Alternate instruments in the above lists are noted the first time that each instrument appears in the score. Substitutions are consistent for that instrument throughout the piece. (Exception: Percussion I and II Singing Bowl *ossia* changes in the final measures.)

Percussion I

Musical notation for Percussion I. The staff shows a sequence of notes corresponding to the following instruments: Toms (H, M, L), B.D., Snare, Sizzle Cym., Sus. Cym. (M), Small Gongs, Ngà Drum (*ossia: Large Frame Drum*), Temple Block (H), Log Drum, Claves, Triangle, Bell Tree, Drilbu Bell (*ossia: Large Triangle*), and Singing Bowls.

Percussion II

Musical notation for Percussion II. The staff shows a sequence of notes corresponding to the following instruments: Woodblocks (H, L), Timbales (H, M, L), Tam-Tam (L), Rolmo Cymbals (*ossia: 2 Small Crash Cymbals*), Triangle (H), Drilbu Bell (*ossia: Triangle - M*), and Singing Bowl (*ossia: Metal Mixing Bowl, Water Glass*).

Percussion III

Musical notation for Percussion III. The staff shows a sequence of notes corresponding to the following instruments: 2 Small Stones (*ossia: Woodblock - H*), Woodblock (H, M), Sus. Cymbal (H), Crash Cymbals, Anvil (*ossia: Brake Drum*), Tingsha Bell (*ossia: Small Bell*), Chinese Gong (*ossia: Tam-tam*), Tambourine, Triangle, Gourd Rattle, Singing Bowl (*ossia: Water Glass*), and Conch Shell***.

*** If the Tibetan Conch Shell is unobtainable, other Conch may be substituted. Tacit these measures if no Conch is available.

Duration: ca. 32 minutes

TSE GO LA

(At the threshold of this life)

co-commissioned by *The Mendelssohn Club of Philadelphia,*
Alan Harler, Artistic Director
and the *Pennsylvania Girlchoir, Susan Ashbaker, Executive Director*

Poetry by Sienna Craig and traditional texts from Lo Monthang, Nepal.
Transliteration by Katey Blumenthal and Andrea Clearfield

Andrea Clearfield
2012 (rev. 2013)

Prologue: At the Threshold (I)

ELECTRONIC MUSIC CD: START TRACK 1. Conductor's downbeat begins at 1:15.

1 *Spacious* ♩ = 60

Flt. *ppp* *fall off pitch*

B♭ Cl. *ppp* *(emerge from flute tone)* *fall off pitch* *sim.*

Perc. 1 *ppp* *B.D. soft mallets* *Triangle lightly* *B.D.* *Triangle*

Perc. 2 *ppp* *Tam-Tam (L) soft mallet*

Perc. 3 *ppp* *Vibes arco motor on* *Woodblock sticks*

Harp *pp* *bell-like (harmonics sound 8va)* *8va* *(use nail and quickly swipe up string)* *8vb*

Pno. *ppp* *bell-like*

(Treble Choir) *ppp* *(Sop 1) (pronounced "doe", lightly and quietly emerge from texture)* *do do do do do do*

(SATB choir) S.

Vln. 1 *ppp* *sul pont* *slightly sul pont with rapid flautando* *fall off pitch* *pppp* *sul pont, flautando come sopra* *smear pitch*

Vln. 2 *ppp* *fall off pitch* *ppp* *sul pont* *slightly sul pont with rapid flautando*

Vla. *ppp* *sul pont* *fall off pitch*

Vlc. *ppp* *sul pont* *fall off pitch* *ppp*

Cb. *ppp*